

# Fresh Produce Fun Facts

<b>Goal</b>	Introduce the fun facts of fresh produce.
<b>Objectives</b>	<p>After this lesson the student will be able to</p> <ul style="list-style-type: none"> <li>• Recognize and understand their proper daily servings of fruits and vegetables,<sup>2</sup></li> <li>• Recognize some seasonal characteristics of fresh produce, the USDA's grading terminology</li> <li>• Master how it applies to fruits and vegetables as well as the differences between organic and conventional growing methods.</li> </ul>
<b>Length</b>	This lesson will take approximately 45 minutes to complete.
<b>Content outline</b>	<ul style="list-style-type: none"> <li>• Proper Daily Servings</li> <li>• Seasonal Characteristics</li> <li>• Grading Terminology</li> <li>• Organic vs. Conventional</li> </ul>
<b>Learning Activities</b>	<p>Learners will engage in the following activities during this lesson</p> <p>Watching videos and the presentation.</p>
<b>Evaluation Strategy</b>	<p>I will know learners have mastered this content by:</p> <p>Quizzes at the end of the presentation.</p>